

A report on
Workshop for Coping with disasters for
Children of Changunarayan



30th August, 2016

Changunarayan, Bhaktapur

Prepared by:

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Submitted to:

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Background

A workshop on Coping with disaster for Children of Changunarayan was conducted on 30th August, 2016 in Changunarayan among the children aged between 8-15 years. The program focused on providing psycho social support to children to get relieve of the trauma faced after earthquake.



The program included some discussions on Child right and governance and then children were given to draw anything they want, especially what they faced during earthquake and color them. This is with the objective that the hidden trauma or stress in children can come out through art. There were exceptionally beautiful drawings made by children. Total of 34 children participated in the

program which was facilitated by Ms. Sangita Sharma, Ms. Rachana Sharma and Mr. Amba Datta Bhatta.



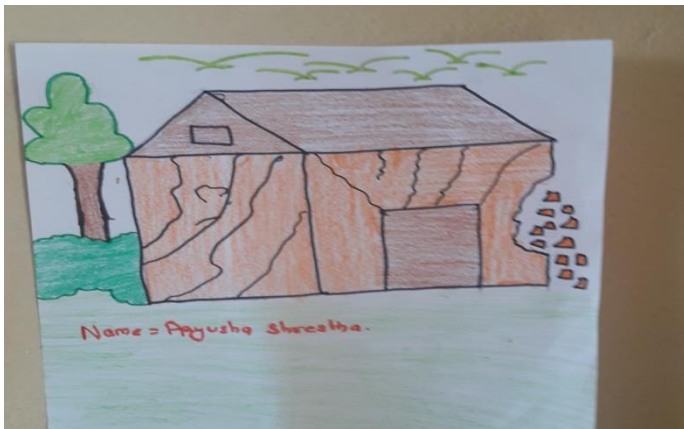
Participants were engaged in a brief dancing session facilitated by Mr. Amba Datta Bhatta which was for a warm up and refreshment of participants.



Then, Children were asked to draw whatever they wish and colour it. They were especially told to draw what they saw or faced during the earthquake. Children drew houses collapsing and people running around and the chaos around temple and village



One of the drawings shows the temple area where people are running and scared. Also the topmost part of the temple is shown broken. This indicates how children are attached with the heritage site of their village and how they remember the earthquake moment.



Another very powerful drawing shows the house getting collapsed and birds flying wildly while the quake hit. So, the program was very effectively conducted with a lot of children quite opened up and relaxed after the training.

Some of the artworks by Children

